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## Concise Review: Mechanisms of Quiescent Hair Follicle Stem Cell Regulation

Rui Yi 

**Key Words.** Self-renewal • Adult stem cells • Cell signaling • Epidermis • Transcriptional regulation

Department of Molecular, Cellular, and Developmental Biology, University of Colorado Boulder, Boulder, Colorado, USA

Correspondence: Rui Yi, Ph.D., Department of Molecular, Cellular, and Developmental Biology, University of Colorado Boulder, Boulder, Colorado 80309, USA. Telephone: 1-303-735-4886; Fax: 1-303-492-7744; e-mail: yir@colorado.edu

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### ABSTRACT

Maintaining a pool of adult stem cells is essential for tissue homeostasis and wound repair. In mammalian tissues, notably hair follicles, blood, and muscle, stem cells acquire quiescence and infrequently divide for self-renewal. Mechanistic understanding of stem cell quiescence is critical for applying these multipotent cells in regenerative medicine and interrogating their roles in human diseases such as cancer. Quiescent and dividing epithelial stem cells located in hair follicle are conspicuously organized in a spatiotemporally specific manner, allowing them to be studied at a considerable depth. Recent advancements in mouse genetics, genomics, and imaging have revealed unprecedented insights into establishment, maintenance, and regulation of quiescent hair follicle stem cells. This concise review summarizes the progress with a focus on mechanisms mediated by signaling pathways and transcription factors and discusses their implications in the understanding of stem cell biology. *STEM CELLS* 2017; 00:000–000

### SIGNIFICANCE STATEMENT

Maintaining a pool of adult stem cells is required for tissue homeostasis and wound repair throughout an organism's life. Self-renewal through cell division and quiescence are two distinct strategies to maintain stem cell populations. In recent years, hair follicle stem cells emerge as a model system to examine mechanisms that regulate dividing and quiescent adult stem cells. This review outlines recent progress in literature with a focus on transcription and signaling mechanisms and discusses their implications in adult stem cell biology.

### A BRIEF HISTORY OF QUIESCENT HAIR FOLLICLE STEM CELLS

Skin and its appendages are hierarchically organized into multiple lineages such as epidermis, sebaceous gland, hair follicle, and sweat gland with resident stem cells for their self-renewal and differentiation during homeostasis and injury repair. For more information about these different epithelial stem cells, I refer readers to several excellent reviews [1–3]. It should also be noted that hair follicle contains multiple stem cell and progenitor populations including epithelial and melanocyte stem cells. In this review, I will focus on the epithelial stem cells located in the bulge region of hair follicles and refer them as hair follicle stem cells (HF-SCs). The hair follicle is a fascinating mini-organ undergoing continuous regeneration throughout life. During embryonic development, hair follicles are specified from a population of epidermal and dermal progenitors under the control of Eda/Edar/NF- $\kappa$ B and Wnt signaling, among other pathways [4–7]. In the adult, hair follicles undergo

periodic phases of growth (anagen), regression (catagen), and rest (telogen). Hair follicle characteristics associated with each phase are morphologically distinct, such that the different phases were readily distinguishable by early observers [8–10]. The anagen phase was correlated with the growth of the hair shaft and an elongated hair follicle, whereas the telogen phase was associated with the lack of hair growth and shortened hair follicle. Thus, early researchers associated anagen with active cell division and growth, and telogen with cellular quiescence. Although this quiescence of hair growth should not be confused with the quiescence of HF-SCs, the cyclic nature of hair follicle growth is a prominent feature of this mini-organ, and provided an initial hint for the periodic activities of HF-SCs.

One of the first insights into the quiescent nature of HF-SCs came from observations that DNA label-retaining cells (LRCs) resided in the bulge area [11], the lower region of the permanent portion of the hair follicle, below the sebaceous gland. Analyses of cell proliferative potential and transplantation assays using

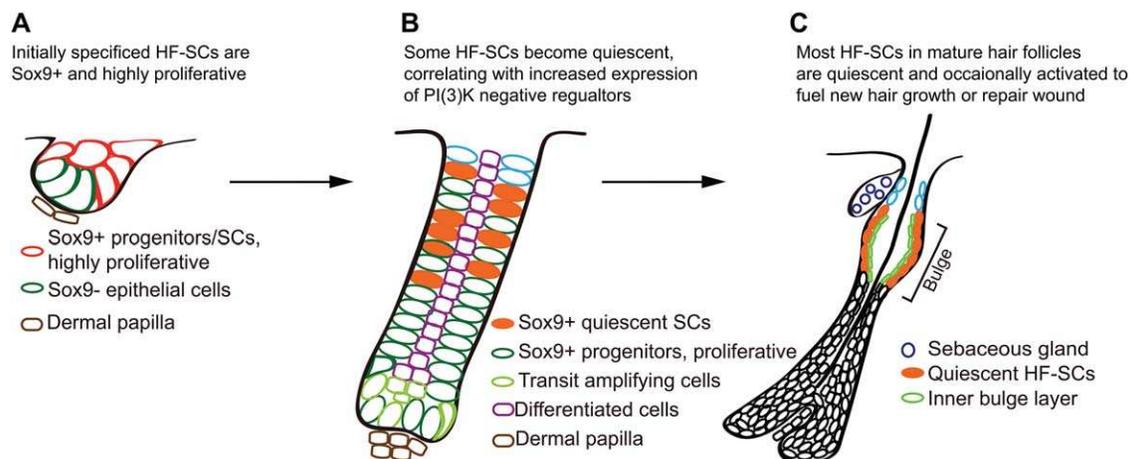
different hair follicle regions identified the bulge epithelial cells with the highest clonogenicity and the ability to form all hair follicle lineages [12]. To isolate these enigmatic LRCs at the bulge, Tumber et al. from the Fuchs group, designed a genetically engineered Tet-off mouse model that enables universal labeling of cell nuclei with transgenic histone H2B-green fluorescent protein (GFP) expression. In the absence of doxycycline, *H2B-GFP* is robustly expressed in all cells regardless of their proliferation and differentiation states. Upon application of doxycycline to the Tet-off system, which in turn shuts off the expression of *H2B-GFP*, LRCs can be identified by the bright GFP signals retained in the nuclei of slow-cycling, long-lived cells after a prolonged “chase” period of usually >4 weeks. The bulge cells were conspicuously label-retaining among all skin populations [13]. Shortly after the successful isolation of the bulge cells, the Fuchs group further demonstrated the multipotency of these cells by culturing and expanding individual bulge cells in vitro and grafting these cells together with competent dermal cells to regenerate hair follicles [14]. Using a different approach, the Cotsarelis group identified a *Krt15* promoter that is specifically activated in the bulge cells [15] and generated a *Krt15-CrePR* transgenic mouse model [16]. This model allows labeling and lineage analysis of the bulge cells directly in intact skin. Using genetic lineage tracing, the researchers demonstrated the stemness of the bulge cells in vivo [15–17]. Helped with the discovery that CD34 and  $\alpha 6$  integrin mark the bulge stem cells [13, 14, 18], these groups further characterized the unique transcriptome of these cells. Transcriptome of the bulge cells was highlighted by low expression of cell proliferation markers and low expression of Wnt ligands [13, 16], indicative of a relatively quiescent cellular state. Together, these pioneering studies formally established the bulge as the HF-SC compartment and paved the road to studying molecular mechanisms that govern the cellular state of stem cells under physiological and pathological conditions.

#### ORIGIN AND BASIC PROPERTY OF QUIESCENT HF-SCs

During embryonic development, as soon as the hair germ (HG) is formed, HF-SCs are specified as *Sox9*-expressing progenitors [19]. Notably, *Sox9*<sup>+</sup> cells are largely restricted away from the leading edge of the HG, which has high levels of Wnt activation and also produces sonic hedgehog (Shh). Instead, *Sox9*<sup>+</sup> cells reside one cell layer away from the leading edge of the HG [20] (Fig. 1A). In contrast to adult HF-SCs, which also express high levels of *Sox9* and are usually slow-cycling and quiescent, these embryonic *Sox9*<sup>+</sup> cells are highly proliferative, and the robust cell division fueled by these cells is believed to be a main driving force for the initial hair morphogenesis [20] (Fig. 1B). Therefore, there must be a transition during which at least a subset of these highly proliferative *Sox9*<sup>+</sup> progenitors either give rise to a quiescent population of HF-SCs or stop cell division and become quiescent themselves. The precise molecular cascade underpinning this transition is not well understood, but the microRNA (miRNA) pathway has been implicated as serving a role. In the *Dicer1* and *Dgcr8* skin-conditional knockout (cKO) model, although HF-SCs can be specified, as judged by the appearance of *Sox9*<sup>+</sup> cells in the HG and initially developed hair

follicles at birth, these HF-SCs lose their identity 4–5 days after birth [21]. The requirement of miRNAs for maintaining HF-SCs was further supported by the complete loss of hair follicle lineages in grafted *Dicer1* cKO skin [21], in conditional ablation of *Dicer1* or *Drosha* in adult skin [22] and in *Ago1/2* double KO skin [23]. The role of individual miRNAs in regulating the activity of HF-SCs has begun to emerge recently. Of note, *miR-205* is highly expressed in the bulge HF-SCs and controlled by a super enhancer [21, 24], and functions to promote pAkt levels by repressing multiple negative regulators of the phosphoinositide-3-kinase (PI(3)K) pathway. Genetic deletion of *miR-205* leads to significantly reduced pAkt levels and a premature exit of the cell cycle by the *Sox9*<sup>+</sup> progenitors, leading to hypoproliferation of neonatal hair follicles [21]. However, the *miR-205* null HF-SCs do not lose their SC identity. Thus, other miRNAs must contribute to the maintenance of HF-SCs as seen in the *Dicer1* cKO. Of note, several negative regulators of the PI(3)K pathway, such as *Inpp1* and *Inpp4b* are gradually upregulated in the *Sox9*<sup>+</sup> hair follicle progenitor cells during hair morphogenesis, and their induction is generally correlated with cell cycle exit of these proliferative cells [21]. In addition, in *Pten* skin cKO animals, in which the PI(3)K pathway is abnormally activated, accelerated hair cycle and hyperproliferation was reported [25]. These data indicate a role of the PI(3)K pathway in promoting HF-SC proliferation and perhaps regulating the transition from proliferation to quiescence during the initial stage of hair development (Fig. 1B). Future experiments that reveal the origin of quiescent HF-SCs and the underlying molecular cascades will be invaluable to understand how these cells exit the cell cycle while preserving the stemness.

In adult mice, HF-SCs offer an ideal system to examine underlying mechanisms that regulate stem cell quiescence and activation (Fig. 1C). During the early adult life, between postnatal day 18 (P18) and 70, body hair growth is largely synchronized [26, 27], although the exact timeline for the synchronized hair cycle varies slightly in different genders and mouse strains. Generally based on studies of C57BL strain mice, between P18 and P23, hair follicles go through a short period of telogen phase before initiating a new anagen, which produces a new hair follicle between P23 and P35. By P37, the anagen hair follicle starts to regress and enters a transient catagen phase, during which the lower portion of hair follicle is degraded while the dermal papilla (DP) moves upwards with the remaining epithelial cells which eventually form an HG beneath the bulge stem cell compartment. By ~P44, with the completion of hair follicle regression and HG formation, the hair follicle enters a prolonged telogen phase. This telogen phase is considerably longer than the short one between P18 and P23, and typically lasts 4 weeks before the hair follicle enters the next anagen phase by ~P70. Therefore, the quiescent and activated HF-SCs can be isolated and examined by using FACS-purified HF-SCs in a temporally specific manner. HF-SCs isolated from the anagen phase are generally activated and undergo cell division, whereas HF-SCs isolated from the telogen phase are generally quiescent. Indeed, shortly after the discovery that CD34 and  $\alpha 6$ -integrin can specifically mark HF-SCs in the bulge region [13, 14, 18], many groups began to isolate telogen and anagen HF-SCs and perform transcriptome analyses to identify differentially expressed genes that regulate HF-SCs activities during these two phases. Not



**Figure 1.** Specification of hair follicle stem cells (HF-SCs) and the establishment of quiescent cellular state during embryonic skin development. **(A):** In newly formed hair germs, HF-SCs are specified as *Sox9*-expressing progenitors. At this stage, all *Sox9*-expressing cells are highly proliferative. **(B):** When hair follicles continue to grow, some HF-SCs exit cell cycle and adapt the quiescent cellular state. While the precise mechanism remains to be determined, the establishment of quiescence is generally correlated with increased expression of several negative regulators of the phosphoinositide-3-kinase pathway. **(C):** In fully developed hair follicles, HF-SCs are mostly quiescent and only occasionally activated to fuel hair growth or repair wound. Abbreviations: HF-SC, hair follicle stem cells; PI(3)K, phosphoinositide-3-kinase

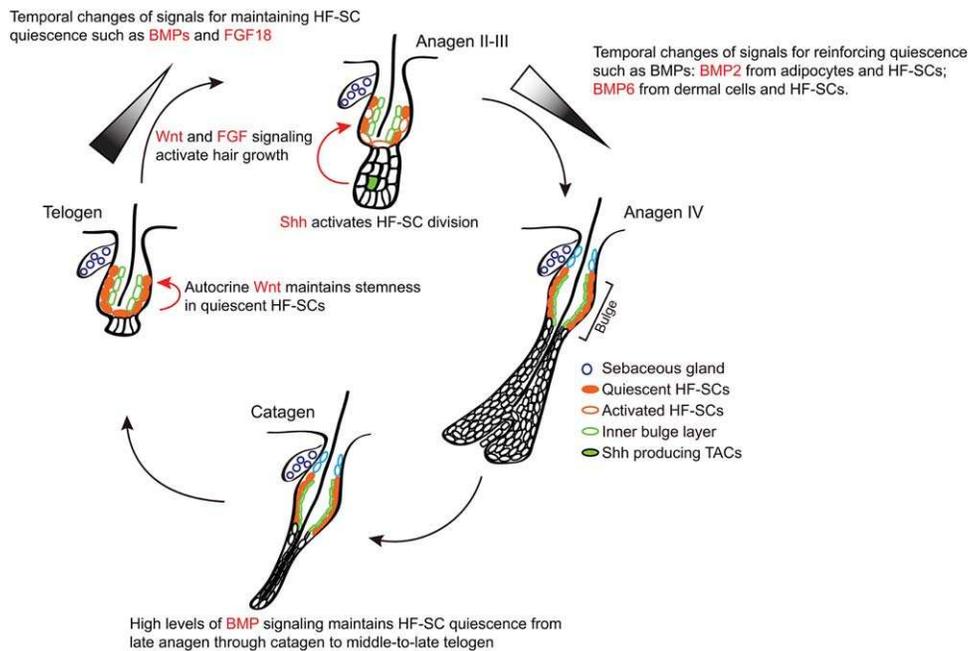
surprisingly, many cell cycle and cell division-related genes such as *cyclin D1*, *Top2A*, *CenpE* and signaling molecules such as Wnt, fibroblast growth factor (FGF) and bone morphogenic protein (BMP) components are found among highly differentially expressed genes [13, 14, 16, 28, 29]. To determine the dynamics of HF-SC division during the hair cycle, the Tumber group showed that HF-SCs, on average, divide 2–3 times in a hair cycle and both cell migration and division contribute to the activation of HF-SCs, which fuels hair growth [29, 30]. Furthermore, it was estimated that a single HF-SC divides less than 100 times for homeostasis during the typical lifespan of mice (~2 years) [30]. These findings provide initial clues for the different cellular states and the cell cycle dynamics of dividing and quiescent HF-SCs.

#### REGULATORY MECHANISMS OF QUIESCENT HF-SCS BY SIGNALING PATHWAYS

Studies of HF-SC quiescence and self-renewal with focus on transcription factors (TFs) and signaling pathways have provided mechanistic insights into the control of these two distinct cellular states. Like embryonic hair morphogenesis, hair growth in the adult mice is believed to be regulated by intimate interactions between hair follicle cells and the DP. Signaling pathways such as Wnt, BMP, and FGF signaling have been shown to have profound roles in governing HF-SCs activities (Fig. 2). When Wnt signaling is induced in the hair follicle, including in both the bulge compartment and HG progenitors, hair growth is precociously activated [31–33]. Interestingly, the activated hair growth caused by stabilization of  $\beta$ -catenin in the epithelial cells can be accomplished even when the DP cells are ablated, indicating the activated Wnt signaling in the epithelial cells is likely downstream of the signaling events from the DP [32]. Furthermore, stabilized  $\beta$ -catenin can further stimulate Wnt ligand production and, in turn, recruit neighboring cells into the action. Conversely, when  *$\beta$ -catenin* or *Wntless* (also known as *Wls*) genes,

required for transcriptional activation of the Wnt pathway and for secretion of Wnt ligands, respectively, are conditionally deleted in the skin, the telogen-to-anagen transition is compromised [32, 34, 35]. In the nuclei of Wnt responding cells, TCF3/4 switch from association with TLE4, which negatively regulates gene expression, to association with stabilized, nuclear  $\beta$ -catenin to activate a subset of Wnt-targeted genes. When *TLE4* was overexpressed through genetic manipulation, the transition to Wnt activation and hair growth was delayed [36]. Under physiological conditions, *Axin2* expressing HF-SCs are recently shown to produce low levels of Wnt ligands to maintain their stemness during quiescence [33]. The potent role of Wnts in regenerating hair was further highlighted by their ability to induce wound-induced hair neogenesis in mouse [37]. In this case, the Wnts are induced by  $\gamma\delta$  T cells when these cells enter the wound dermis [38]. Altogether, these data provide strong evidence for the key role of the Wnt signaling in orchestrating HF-SC activation.

On the other hand, BMP signaling plays an essential role in governing HF-SC quiescence. One of the first pieces of evidence came from genetic deletion of *Bmpr1a*, a key receptor for the epithelial cells to interpret BMP ligands produced in various skin populations [39–41]. When *Bmpr1a* was specifically deleted from adult HF-SCs, HF-SCs lost quiescence and became hyperproliferative but did not lose their SC identity [42]. However, differentiation of the expanded HF-SCs and progenitors appears to be compromised, and the *Bmpr1a* cKO mice fail to regenerate hair shafts. Thus, BMP signaling has a dual role in maintaining HF-SC quiescence and promoting terminal differentiation of HF-SCs, likely through its action in distinct hair follicle cell populations. *Bmpr1a* studies provided evidence for cell intrinsic functions of BMP signaling. However, it was critical to determine how different cell populations in the skin produce BMP ligands and collectively regulate HF-SC activities. Multiple sources of BMP ligands have been identified in the skin. In the adipocytes located in



**Figure 2.** Signaling pathways control the quiescence and activation of hair follicle stem cells (HF-SCs). Bone morphogenic protein signaling and fibroblast growth factor (FGF)-18 governs the quiescent cellular state, whereas Wnt and FGF7/10 promote hair growth. Sonic hedgehog produced by transit amplifying cells at the Matrix activates self-renewal of HF-SCs in early Anagen such as Anagen II and III. Abbreviations: BMP, bone morphogenic protein; FGF18, fibroblast growth factor 18; HF-SC, hair follicle stem cell; Shh, sonic hedgehog.

the subcutaneous epidermis, *BMP2* was found to be periodically expressed by these cells. Intriguingly, the oscillation of *BMP2* expression in the adipocytes is correlated with the anagen-to-telogen transition, hair growth and HF-SC quiescence [43]. In late anagen to the middle of telogen, *BMP2* is highly expressed in the adipocytes, and HF-SCs are rested in a refractory phase, generally resistant to activation signals. Beginning during late telogen to early anagen, *BMP2* expression in the adipocytes is reduced considerably and correlates with the permissive phase for HF-SC activation. In addition to *BMP2* produced by the adipocytes, *BMP6* is found to be produced by the inner bulge layer, a potential population of the HF-SC niche [44]. *BMP6* expression in these cells plays a role in restricting HF-SCs from activation. Of note, *BMP6* is also produced from the DP [45]. Furthermore, in our recent study of *Foxc1* in the HF-SCs, we also found that the transient expression of *Foxc1* in the HF-SCs enhances expression of *BMP2* and *BMP6* cell autonomously [46], likely through direct transcriptional control. Therefore, many cell populations in the skin produce BMP ligands, which play a role in regulating HF-SC activities. HF-SCs are predicted to respond to the collective output of all BMP ligands from all of these cell populations. Although it remains an open question how these BMP producing cells coordinate to govern HF-SC quiescence and whether there is a hierarchical organization of BMP producing cells in their ability to regulate HF-SCs, it is clear that active BMP signaling is required to maintain HF-SC quiescence, and reduced or compromised BMP signaling is correlated with HF-SC activation.

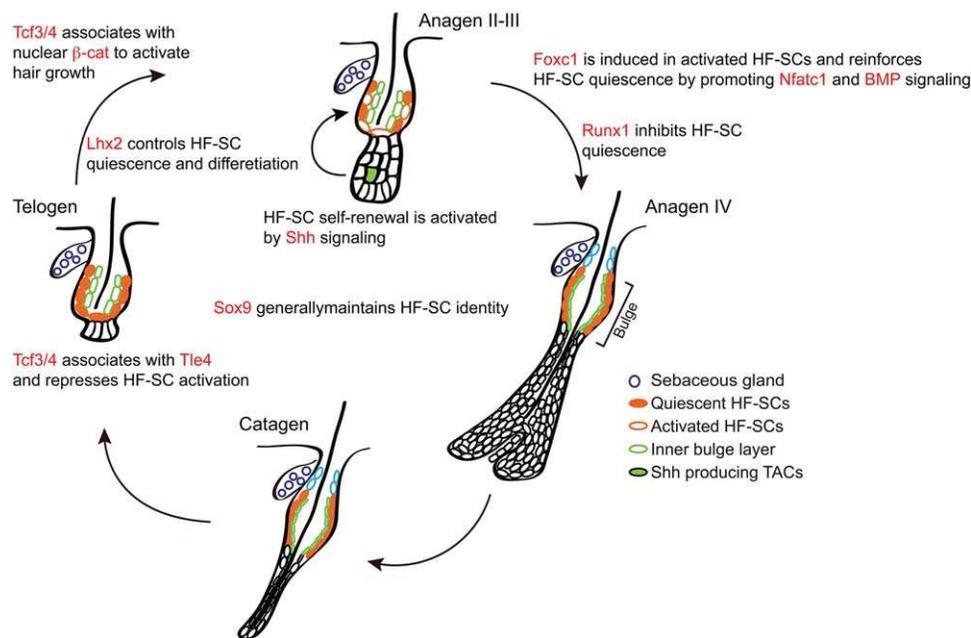
In contrast to the Wnt and BMP signaling pathways, whose downstream effects in HF-SC activities are consistent with HF-SC activation or quiescence distinctively, FGF signaling pathways have shown diverse regulatory outcomes. FGF7 and FGF10 are produced by the DP, and their presence stimulates hair growth initiated in the HG [28]. In contrast, FGF18 is largely produced by the inner bulge layer and the bulge HF-

SCs [47]. Genetic deletion of *Fgf18* significantly shortens the duration of the quiescent telogen phase, leading to activation of hair growth and HF-SC division. It has been suggested that *Fgfr2* IIIb is responsible to transduce the FGF7/10 signaling, whereas *Fgfr3c* is responsible for mediating the effect of FGF18 [47, 48]. Given the diversity and complexity of FGF signaling [49], it will be interesting to further dissect the downstream mediator of FGF7/10-Fgfr2b and FGF18-Fgfr3c axis and understand how different FGFs produce different HF-SC responses. Further analyses of potential synergy or antagonism of these pathways can provide new insights into how HF-SCs and HG cells interpret complex input from the environment and orchestrate quiescence and activation of HF-SCs.

In addition to these signaling pathways that regulate interaction between SCs and their niche, there is increasing evidence documenting interactions between SCs and their progenies. In this regard, the Shh signaling pathway has been shown to play a critical role in promoting HF-SC cell division shortly after the activation of hair growth. It is notable that Shh is prominently produced by a subset of transit amplifying cells located in the hair bulb. These cells form only when the new growing hair progresses through the initial anagen phases (anagen I and II). In turn, Shh produced by the TACs stimulates HF-SCs cell division in a cell non-autonomous manner [50]. This mode of regulation for HF-SC division after hair growth is initiated represents an elegant and possibly adaptive mechanism to control the number of HF-SCs.

#### REGULATORY MECHANISMS OF QUIESCENT HF-SCs BY TFs

Given the complexity of signaling pathways, which have many regulatory branches such as ligands, receptors, downstream effectors as well as potential crosstalk, it is not surprising that



**Figure 3.** Transcription factors regulate the quiescence and activation of hair follicle stem cells (HF-SCs). Both positive and negative transcription regulators are identified to control the quiescence of HF-SCs at distinct stages of hair cycle. Abbreviations: HF-SC, hair follicle stem cell; Shh, sonic hedgehog.

studies focusing on individual TFs have provided perhaps more clear pictures for underlying mechanisms that govern HF-SC activities. *Lef1*, a key TF of the Wnt signaling pathway, was one of the first TFs shown to be required for hair development [51, 52]. *Sox9*, on the other hand, is required to maintain the HF lineage but not the initial morphogenesis [53]. Subsequent studies have further defined the spatiotemporally specific pattern of *Sox9* induction in HF-SC and progenitors as early as when embryonic HGs are formed [19]. ChIP-seq data and global enhancer studies have further determined direct targets of *Sox9* and revealed a dominant role of *Sox9* in defining the HF fate [24, 54]. Because *Sox9* is highly expressed in the HF-SCs in both quiescent and active phases, it is generally believed that *Sox9* is required to define the HF-SC cellular state. However, it remains an open question whether *Sox9* functions differently by targeting a distinct set of targets in quiescent and activated HF-SC populations, respectively.

Several TFs such as *Runx1*, *Lhx2*, *Nfatc1*, *Foxc1*, and *Tcf3/4*, also known as *Tcf7l1/2* respectively, have been shown to regulate HF-SC quiescence (Fig. 3). *Runx1* negatively regulates HF-SC quiescence and is implicated to have an oncogenic role in skin cancer [55, 56]. In contrast, *Lhx2* KO HF-SCs show compromised quiescence and disrupted polarity [57, 58]. Interestingly, loss of *Lhx2* also reduces differentiation toward the hair follicle fate and promotes the differentiation toward the sebaceous gland, another skin appendage. In this regard, *Lhx2* governs not only quiescence, but also the differentiation of HF-SCs. However, it is unclear whether these two functions are linked by a common set of *Lhx2* targets or are mediated by different targets. In contrast, *Nfatc1*, *Tcf3/4*, and *Foxc1* all regulate HF-SC quiescence but not the fate specification [46, 59–63]. However, the mode of regulation is different among these factors. *Nfatc1* was one of the first TFs shown to regulate HF-SC quiescence. By repressing *CDK6*, *Nfatc1* was shown to repress HF-SC

activation during the telogen–anagen transition in early adult mice [60]. A longitudinal study further identified *Nfatc1* as a factor functioning in HF-SC aging [59]. Namely, the elevated *Nfatc1* levels in aged HF-SCs render the HF-SCs more quiescent and more difficult to activate, leading to reduced hair regeneration. Deletion of *Nfatc1* ameliorates the compromised HF-SC activation in aged mice and promotes hair regeneration.

*Foxc1* was recently found to be induced in the HF-SCs during the self-renewal phase but not highly expressed in quiescent HF-SCs [46], in contrast to *Sox9*, *Nfatc1*, and *Tcf3/4*, which appear to be expressed constitutively in both quiescent and dividing HF-SCs. Of note, *Foxc1* is induced in both the HF-SCs and the inner bulge layer. The function of *Foxc1* in each layer seems to be different. Specific deletion of *Foxc1* in anagen HF-SCs leads to premature HF-SC activation in the subsequent telogen, whereas deletion of *Foxc1* in the inner bulge layer leads to the loss of club hair, which is the old hair follicle generated from the previous hair cycle, but no premature HF-SC activation. Genomic analyses using genome-wide open chromatin profiling (ATAC-seq) [64] and RNA-seq suggest that *Foxc1* activates *Nfatc1* and BMP signaling, two well-established quiescent control mechanisms, to reinforce the quiescent cellular state in self-renewing HF-SCs. Thus, *Foxc1* represents a new class of adaptive regulators that govern HF-SC activity in a spatiotemporally specific manner. In a long-term study of *Foxc1*-deleted HF-SCs, it was shown that the loss of *Foxc1* can compromise hair regeneration under a stressed condition, in which hair follicles are repeatedly plucked and HF-SCs are under increased demand to self-renew and regenerate hair [63]. *Foxp1*, another Fox family TF, was also shown to control quiescence of HF-SCs at least in part by governing *FGF18* [65].

In addition to the TF-controlled mechanisms, epigenetic regulators such as *Ezh1/2* and *Dnmt1* have also been shown to play a role in maintaining HF-SCs, although their specific

impact on the quiescence and activation of these cells is less clear. Mouse models with deletion of *Ezh1/2* and subsequent depletion of the histone H3 lys27 trimethylation mark can still specify HF-SCs but show proliferation and differentiation defects, which lead to the rapid loss of the entire hair follicle lineage [66]. In contrast to this rapid decline, genetic deletion of *Dnmt1* leads to progressive loss of hair regeneration over a year [67]. To determine the roles of *Ezh1/2* and *Dnmt1* in HF-SC activation and quiescence, specific deletion of these genes in HF-SCs using *Krt15-CrePR* or *Lgr5-CreER* is required. Recently, the rate of protein synthesis in skin and its appendages has been determined. It was shown to be vastly different in quiescent and activated HF-SCs and their differentiating progenies [68]. These initial observations have brought translation control mechanisms into the spotlight. Other mechanisms such as the ones mediated by the voltage-gated calcium channel *Cav1.2* and atypical Protein Kinase C were also shown to play a role in regulating quiescence [69–71]. Further studies are needed to dissect these globally relevant mechanisms into specific interactions among individual regulators and their targets.

#### CONCLUDING REMARKS AND FUTURE PERSPECTIVE

Now it is well appreciated that the quiescent and activated HF-SCs have distinct transcriptome. Genetic deletion of TFs required for quiescence, such as *Nfatc1*, *Foxc1*, *Lhx2*, and *Foxp1*, usually leads to premature activation of hair growth, but the long-term effect of compromised quiescence in intact skin remains unclear. Of note, deleting *Nfatc1* from aging skin lowers the threshold for stem cell activation and leads to more robust hair growth [59]. In contrast, deletion of *Foxc1*, combined with repeated hair plucking to stimulate stem cell division, leads to compromised stem cell function over a long term, for example, approximately 2 years [63]. These observations suggest that limited stem cell division could have long-term benefit for maintaining the stem cell population, at least when tissues are under constant pressure to regenerate. However, some fundamental questions remain, which are how the quiescent cellular state is directly linked to stem cell functions and whether quiescence is required for long-term HF-SC maintenance. Why are HF-SCs normally maintained as a largely quiescent cell population? Is it simply a consequence of the cyclic nature of hair growth or a means to control the number of stem cells, or does quiescence have a more direct link to stem cell maintenance? A key challenge is to identify molecular mechanisms that link quiescence and stemness functionally and directly. Given the mild compromise of quiescence in existing studies, perhaps a more profound break of the

quiescent cellular state can help to unearth such links between quiescence and HF-SC functions. Furthermore, recent studies have shown that bulge HF-SCs can be regenerated from neighboring cells when specifically ablated by laser [72] or genetic manipulation [73, 74]. These results hint a considerable degree of plasticity in the epithelial cells of hair follicles despite their distinct transcriptome measured at the single-cell level [75].

Another question is how the quiescent cellular state and its associated molecular mechanisms may play a role in skin diseases, notably skin cancer. It has been proposed that quiescent cancer cells can escape from the cytotoxic effects imposed by many drugs, which target highly proliferative cells. Further understanding of normal mechanisms governing HF-SC quiescence, and potentially tumor-specific mechanisms conferring quiescence to a subset of tumor cells, may provide a basis to develop new cancer drugs to specifically target and eradicate these quiescent cancer cells.

In conclusion, HF-SCs have been an excellent model system to study quiescent and activated stem cells in adult tissue. As we combine the traditionally established tools of genetics, molecular, cellular, and developmental biology with innovative genomic tools such as transcriptomics, metabolomics, single-cell analyses, and genome editing, our ability to unravel new biological and mechanistic insights has never been more promising. This new knowledge will certainly open new frontiers for harnessing the power of stem cells for regenerative medicine and developing new treatments for human diseases.

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#### AUTHOR CONTRIBUTIONS

R.Y. researched the literature and wrote the manuscript.

#### DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

The authors indicate no potential conflicts of interest.

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